Dear Parents and Caregivers,

I hope everyone is keeping warm in this first week of winter. Please ensure that your children have warm clothing at school, and that jumpers are clearly labelled so they can be quickly returned if they are misplaced.

**Term Accounts – online payments now available**

We are constantly looking for ways to make communication between home and the school easier for our families. Parents and carers can now pay for excursions and term accounts by visiting the school website. Click on ‘Make a payment’ near the top of the page and follow the instructions.

**Year 4, 5 & 6 parent invitation to Narrabeen Sports High School**

Lance Berry, Principal of Narrabeen Sports High School, extends an invitation to parents and carers of NLPS students in Years 4, 5 and 6 to attend a school tour and morning tea at the high school on Friday 17 July from 9.15am to 10.45am. Please see the advertisement in this newsletter for full details, or contact Liz Plumb at NSHS on 9913 7820.

**Letterland Parade**

This Thursday 4 June, Kindergarten students and teachers will be celebrating learning all 26 letters of the alphabet by dressing up as their favourite letter. The parade starts at around 9.20am near the COLA, so come along and join the fun!

**New Pelican Post Coming Soon!!**

We anticipate that our new look fortnightly Pelican Post will be available from Thursday 18 June. The school has partnered with Schoolzine to produce a dynamic new look that includes some great features such as video, unlimited photos and school event bookings.

The newsletter will appear fortnightly in the odd school weeks of each term.

Schoolzine also have a free app that will add even more value for our families and carers. More details available next week.

**Year 4 Field of Mars excursion**

Our Year 4 classes had a wonderful time making movies at the Field of Mars Environmental Education Centre on Monday this week.

The ability to convey a message in video format, as well as skills in collaboration and creativity, are all part of the 21st century fluencies of modern learning that students will require to thrive in the work force of the future.

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**Dates for Your Diary 2015**

**TERM 2**

<table>
<thead>
<tr>
<th>Mon</th>
<th>8 June</th>
<th>Queens Birthday HOLIDAY</th>
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<tr>
<td>Tue</td>
<td>9 June</td>
<td>Class Speak-off Week</td>
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<td>Wed</td>
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<td>Boori Monty Prior Aboriginal</td>
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<td>Fri</td>
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<td>School Disco</td>
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<td>Mon</td>
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<td>ICAS Writing</td>
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<td>Tue</td>
<td>16 June</td>
<td>ICAS Spelling</td>
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<td>Fri</td>
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<td>Northern Beaches Instrumental Festival/Performance Band</td>
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<td>23 June</td>
<td>Recorder Group</td>
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<td>Fri</td>
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<td>Speak Off, Grade Champions</td>
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<td>Fri</td>
<td>26 June</td>
<td>Mufti Day for Children’s Hospital</td>
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<td>Fri</td>
<td>26 June</td>
<td>Last day of Term 2</td>
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<tr>
<td>Mon</td>
<td>13 July</td>
<td>Staff Only, Development Day</td>
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<tr>
<td>Tue</td>
<td>14 July</td>
<td>STUDENTS’ FIRST DAY BACK</td>
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[Logo: Narrabeen Lakes Public School]

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**Opportunity
Excellence
Community**

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[Logo: Narrabeen Lakes Public School]
In an increasingly visual world, visual communication design is becoming an everyday part of the curriculum at every grade level and in every subject. Students must be able to communicate as effectively in multimedia formats as we, the older generations, were taught to communicate with text and speech.

Information Communication skills are absolutely foundational in a modern world and Narrabeen Lakes Public School is committed to helping our students on the path to acquiring those skills.

Times tables fun
Last Friday, our school witnessed one of the most exciting assemblies ever seen at Narrabeen Lakes when students took part in our first Times Tables Shoot Out. From Kindergarten all the way to Year 6, maths whizzes competed against each other to be first off the mark in answering random times tables questions. Mr Phillips was a marvelous host who added lots of humour to the occasion, while Mr Casey and Mr McMahon battled it out to produce a teacher champion too.

Congratulations to all who took part, and we all look forward to another round later this year. Keep revising those tables, boys and girls!

P&C update
The P&C is a wonderful volunteer team of dedicated parents who are doing great things to make school life better than ever for our students at NLPS. One of their biggest recent successes has been the opening of the canteen for hot lunches – more than 75% of school families have signed up with Flexi Schools to engage in the lunch order process. What a great result!

Coming up very soon on Friday 12 June is the school disco, again organised by the P&C. Tickets can now be ordered online using the same Flexischools system that you use for lunch orders.

The main method of communication between the P&C and our NLPS families is via email. I’m sure that they would welcome your feedback on P&C initiatives, along with suggestions for future fundraising.

Similarly, please contact the P & C in confidence at nlps.pandc@gmail.com if you are unsatisfied with any P & C driven communication. Remember, they are all volunteers and they are working hard for the benefit of all our students.

If you would like to join the P&C, or just see how they operate, their next meeting is on Tuesday 16 June at 7.30pm in the library.

New staff member
Mr Angus Bird has been appointed to Narrabeen Lakes Public School from the beginning of Term Three 2015. Mr Bird will be teaching our extension classes in writing and maths, as well as assisting classes with inquiry based learning. Mr Bird has already started in the school in a temporary three day per week position, so I’m sure you’ll join me in providing a warm welcome to Mr Bird when you see him.

Enrolments now open
The office is now accepting enrolments for Kindergarten 2016. If you are ‘in area’ for our school, or have siblings here, and know that you will be choosing Narrabeen Lakes in 2016, your prompt enrolment would be greatly appreciated.

It may seem like months away, but having a clear picture of student numbers for Kindergarten next year will very much help the school with our forward planning and budgeting. We look forward to seeing you in the office soon.

School Tour
The next school tour for parents considering Narrabeen Lakes Public School for 2016 is on Wednesday 17 June. Please meet me in the office foyer at 9.30am.

Student Achievement:
Cooper R (1K) and John S (2/3C) - 10 Red

Enjoy the rest of the week and stay warm!

Andy Rankin
Principal
Musicale

As I walked on stage, my eyes met my mum’s. She was proud, and so was I. When I put my clarinet to my lips I started to play. A beautiful sound washed over everything. It was the best Narrabeen Lakes Public school Musicale I had been to.

Jamila 3A

As I walked up on the steps I was so nervous that my legs were shaking with fear. I played with Kirsty and at that moment I was terrified that I was going to play the wrong note. But I didn’t; it went well and I was proud of myself.

James 3A

As I walked up the stairs my legs were trembling really fast. I couldn’t even stop them. When I looked up, my parents were looking at me; it gave me the jiggles. A boy before me played the whole Star Wars song, and I only played half of it. This made me even more nervous; I felt as though I had never played before. As I finished my solo I felt alive as an elephant! It was a great night.

Lewis 3A

Crash! Bang! Pow! I was sitting on the stage with musical instruments all around me. I was at the Musicale. I began trembling. I was worried. They called my name. I walked up onto the stage and I started playing ‘Twinkle, Twinkle, Little Star.’ Suddenly I felt much better. After my performance everybody clapped. I was so glad they liked it.

Mia Mountseer 2/3C

You’ll never know how scary it was! My heart was beating faster than a plane. I was at the Musicale and it was my turn to play. I slowly walked up onto the stage. Trembling, we started to play Good King Wenceslas. Before I knew it, I was playing the last note. As I walked down from the stage the crowd clapped. A wave of happiness broke over me as I sat down with the others. It may have been very scary, but it was definitely worth it. I love playing music!

Kirsty Rebbeck 2/3C
Yesterday at the Field of Mars we made a documentary about Kookaburras.

When we got there we went inside and the ladies explained to us how to make a documentary: how to film it, how to use camera angles and how to use the equipment.

Next we went outside to film our documentary about kookaburras. Afterwards, we learned how to use iMovie in ways like this: how to edit, how to cut it, how to make the volume soft and loud and how to do voice overs.

After that the bus arrived and we said goodbye and thank you to the staff for having us. We loved it!

By Caitlin, Indi and Jasmine.
I stepped off the bus and was amazed! It was beautiful. The trees, the plants, the soothing sound of birds tweeting. Wow! Look at that tree! Where are we going?

Cool, look at this place.

We sat down and the staff showed us cool tricks about documentary making.

We went out and explored the place to find the perfect spot to make the perfect documentary. We kept exploring.

We filmed at different places, different angles. We tried all new things.

The staff called us back inside. They showed us more cool things. And one was just the thing we needed.

We had lots of facts like an owl can turn its head 360 degrees. We didn’t get any bird photos, but we got the Aussie bird information. We got to use some bird puppets, so at least we had some birds in there.

We didn’t get to use music or sound effects. We didn’t have a title, but our documentary is still amazing.

It was lunch, the teachers needed to judge the most waste free lunch. I knew some of the winners. They were Brandon, Emily and Charli. We needed to get back on schedule. We needed more photos and voice overs. We didn’t get everything done. But we still made a good documentary.

It was near the time to go back to school, but first we needed to watch two documentaries. One was about red kangaroos. It was interesting and I learnt many facts. We watched another one about lorikeets.

The day went very quickly. It only felt like we were there for two hours!

We were on the bus back. Eventually we were there. The bell rang. It was time to go home.

By Rebecca

I was excited to on the bus to the excursion to the Field of Mars. I sat next to Clemie on the bus. It took a long time on the bus.

May and Eimear were in my group. I used an iPad and microphone to help make our documentary. Our documentary was about koalas and gumtrees.

We were not allowed to go where the blue cones were.

I had fun. I went back on the bus to school. I sat with Kianhi and Toa.

By Emily
**CANTEEN**

**Ice creams and ice blocks** are sold at lunch time on Mondays and Wednesdays. Prices range from $0.40 - $1.50

**Margarine – Yes** ……Margarine will be the default on all sandwiches and rolls unless you specifically select ‘No Margarine’.

**Margarine – No** ……Margarine is not used on gluten free sandwiches or gluten free toasted sandwiches.

You may be interested to know that the chicken we use on ‘make your own sandwiches, wraps and salads’ is 100% chicken breast and produced by ‘Only Fresh Products’ in Mona Vale.

We have **introduced some new items** on Flexischools:

- Pizza Roll (bread roll with tomato paste, grated cheese and shredded ham wrapped in foil and served hot)
- Gingerbread. This product is gluten, dairy, egg and nut free and produced in Blaxland, Blue Mountains
- Koala ‘Chicken’ flavoured popcorn

**ROSTER**

<table>
<thead>
<tr>
<th>Monday 8 June</th>
<th>Wednesday 10 June</th>
<th>Friday 12 June</th>
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<tbody>
<tr>
<td>Public Holiday</td>
<td>Kylie Sinnott &amp; Leea Taylor</td>
<td>Nataliya Stoltz &amp; Vikki Harvey</td>
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**Hint for Flexischools:** If your child is sick and you have placed a lunch order, call the canteen on the day, before 9am and we can cancel the lunch order.

For any queries, questions etc please drop us a line at nlps.canteen@gmail.com or drop into the canteen.

Regards
Robyn

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**BAND MATTERS**

**CAKE STALL** - Thank you to all
Last Thursday lunchtime the band made $350.00. Thanks to Liz, Ali and Mandy for running the stall at lunchtime and to all the school bakers.

**Northern Beaches Instrumental Festival**

**Performance Band** is to play at the Northern Beaches Instrumental Festival, June 19th 6.20-7.30 at Pittwater High School. Parents please advise immediately if you are unable to attend this prestigious event. Band uniform is to be worn.

**Remember:** All students need to be responsible for bringing their instrument and music to band.

For any enquires for our School Band please contact Tanya Leishman 0425226247
P&C SILENT AUCTION

The P & C are holding a silent auction for a ‘Ponies for Parties’ gift voucher where the successful bidder will receive a Pony Party to the value of $385. The voucher entitles the holder to one pony for 2 hours with their choice of pony, theme and venue. The voucher is valid to 31 December 2015.

Ponies for Parties delivers the most professional and reliable pony riding service in the Sydney Greater Metropolitan region as well as Wollongong, Newcastle, Armidale and the Central Coast. Their aim is to deliver the best ponies backed by well trained staff and professional business practices with outstanding experience that will ensure your special event is a highlight and your memories of Ponies for Parties will be long lasting.

Please go to Ponies for Parties website to view their ponies and the many party & event theme options they offer for your special occasion.

www.poniesforparties.com.au

Here’s how the silent auction will work:

- To place your bid, email the P & C at the following address and subject title your email with “Ponies for Parties - My Silent Bid”.

  nlpspandc@gmail.com

- State your bid remembering the voucher is valued at $385; however, your bid can be as little or as much as you are willing to pay.

- Include your name and phone number.

All bids must be received by no later than Sunday 14 June 2015. The highest bidder will be contacted on Monday 15 June 2015 to make arrangements for collection and payment of the voucher.

Proceeds of the auction item will fund new gardening tools and vegetation for our school.

Good luck to all bidders!
ponies for parties

We provide a tailored service with professionalism that will help you create the best experience for your party, fete, or whatever the function. This is what makes us different from the rest.

My Little Pony
Cowboys
Cowgirls
Circus
Unicorn
Fairy
Gnome

Shrek
Zack
Pirate
Christmas
Easter
Halloween
Your own theme

Out ponies are all well loved members of our team as well as being part of our farm based family lifestyle and activities which allows us to bring you safe and respectable ponies for all special occasions.

birthday parties, corporate events, fete's fun days and heaps more.

ponies for parties will help you make your event special.

Ph: 0412 873 377
poniesforparties.com.au
fo.com/poniesforpartiesau

your special day will come and go but your memories of ponies for parties will last forever.

Ponies for Parties has a team of great looking ponies of various heights and colours to ensure we can cater for children of various age groups. They all have nice natures, good manners and respect for their handlers.

Our mission is to deliver the best ponies, well trained staff and professionalism that will ensure your special day is a highlight which will always be remembered.

Our ponies arrive freshly groomed and shapped, with their manes and tails plaited. They will each have an individual handler who will help the children on and off the ponies and maintain the highest safety levels by ensuring every rider wears an appropriately sized helmet and has the stirrups at the correct length.

For something really different why not hire one of our two donkeys, Ozzy and Coco, both are very charming chaps and would love to make your event very special.

Ponies for Parties now delivers the most professional and reliable pony riding service in the Sydney Greater Metropolitan region, Wollongong, Newcastle, the Central Coast and now in the Armidale area.

prices

Birthday Parties
1 x pony with handler: $385.00
2 x ponies and handlers: $495.00

Fetes & Fun Days
3hrs with 2 ponies and handler: $385.00
4hrs with 2 ponies and handlers: $525.00

Corporate Fun Days
2hrs with 2 ponies and handlers: $755.00
4hrs with 2 ponies and handlers: $995.00

Pony hour: $100.00 or any part thereof.
All prices include GST of 10%
Public Holidays incur a surcharge of 20%
Travel charges may apply to areas outside the Sydney and Armidale area, please call for a quote.
Prices valid from July 2014, however, may vary at any time.
P & C SCHOOL
DISCO
Friday 12 June

STUDENT NAME: ___________________________ CLASS _______

Times:
Years K—2 disco 5:30—6:45pm (Doors open 5:15pm)
Years 3—6 disco 7:10—8:30pm (Doors open 6:55pm)

Theme: Dress up as your favourite character or rock star! Or just dress up!

Cost: $6.00 per child (Students only please, no siblings.)
Sushi also available for $3.50 each. Please order tickets and sushi online via Flexischools website by 5pm Wed 10th June. If no access to internet, please return this form with cash to the YELLOW box in the office by Tue 9th June.

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<tr>
<th>Item</th>
<th>QTY</th>
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<tbody>
<tr>
<td>Disco entry fee ($6)</td>
<td></td>
<td>$6.00</td>
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<tr>
<td>9 Piece Baby Box (tuna, avocado, cucumber) ($3.50 ea)</td>
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<td>$3.50 ea</td>
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<tr>
<td>Chicken Teriyaki and lettuce ($3.50 ea)</td>
<td></td>
<td>$3.50 ea</td>
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<tr>
<td>Salmon and avocado ($3.50 ea)</td>
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<tr>
<td>Tuna and cucumber ($3.50 ea)</td>
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TOTAL =

Drinks: Juice available for purchase on the night for $1.50 each or bring a labelled water bottle.

Other info: Glow and LED accessories for sale at the door: $1.50—$5.00 each

Access via Park Street gate only. Please deliver your child to and collect promptly from the school hall. Children will not be permitted to leave the school hall / COLA without parent / guardian.

Allergy and Emergency Information

My child ___________________________ of class _______ has the following special dietary or medical requirements. (eg. anaphylactic to nuts, dairy allergy).

__________________________________________________________________________

I give/do not give permission for my child to receive medical treatment in case of an emergency.

Print name: ___________________________ Signature ___________________________

Contact: ___________________________

HELP NEEDED

Parents, we need your help. Please circle a time slot(s).

NAME: ___________________________

MOBILE ___________________________

EMAIL: ___________________________

Set-up 4:30—5:15
Yr K-2 disco 5:15—6:45
Yr 3-6 disco 6:45—8:30
Clear-up 8:30—9:00
Dear Parents and Carers,  
3 June, 2015

All students have been focusing on developing and strengthening skills in public speaking throughout the year. This term, Narrabeen Lakes will be holding a Public Speaking Competition within the school. Students have a choice of three topics. They are:

- My favourite place is…..
- If you could have one superpower, what would it be?
- I bet you didn’t know that!

All students will choose one of the topics for their speech. During class time, teachers will assist students with strategies for preparing and presenting their speeches. Students will then write their speech at home. It would be appreciated if students could practise their speeches at home to build confidence in speaking in front of an audience.

In **Week 8**, each class will run a ‘speak off’. Two winners from each class will progress to the grade ‘speak off’.

In **Week 9** the grade ‘speak off’ will be held. One student from each grade will become grade champion and will receive a Public Speaking Certificate and an award on Presentation Day.

Our grade champions will present their speeches during a full school assembly in **Week 10** on Friday 26 June. The following is some important information about the speeches:

- The time given to students for their speech is as follows:
  - **Kindergarten** - a maximum of 1 minute
  - **Years 1-3** - 1 to 2 minutes
  - **Years 4-6** - 2 to 3 minutes

- All students must use palm cards that fit comfortably in the hand. Students should refer to them for cues but should try not to read from them.
- No props will be used.
- Teachers will judge the speeches on the following criteria:
  - posture/eye contact
  - speaking clearly and with expression
  - structure of the speech
  - how engaging the speech is for the audience
  - preparation and organisation
  - adherence to time limit
  - use of palm cards

We hope that all students enjoy the public speaking experience. The teachers look forward to hearing some great speeches in class in **Week 8**. If you have any question, please contact Mrs Jeffrey (Public Speaking Coordinator).

Thank you.

Kind regards,
Katrina Jeffrey
Some Useful Hints for Public Speaking
The speech should have an introduction, a main body and a conclusion.
An interesting beginning or "sizzling start" to the speech will grab the attention of the audience and set the tone for the rest of the speech.
The speaker should not introduce him/herself at the beginning of the speech, do not say 'good morning' etc. The opening statement should be the actual beginning of the speech.
You should have a strong conclusion to the speech that states your personal opinion and leaves a lasting impression.
Interesting ideas and appropriate language for the age and maturity of the child should be in the main body of the speech. Some facts, examples, quotes and opinions should be included here.
A natural delivery without an excess of hand gestures or dramatic movements.
A clear, confident voice that is easy for the audience to hear.
A smile and real interest in the topic being delivered.
The use of a mind map may help you start brainstorming to get the ideas flowing. (See the attached mind map).
Ideas can then be expanded upon to start building the speech.
The speaker should not finish the speech with words such as "the end" or even "Thank you". Make sure that the final statement is strong and obvious.
A website that you may find helpful in assisting with preparing a great speech is: 'The Strictly Speaking' website http://lrrpublic.cit.det.nsw.edu.au/lrrSecure/Sites/Web/public_speaking/

Narrabeen Sports High School
Morning Tea Friday 17th July 2015

Narrabeen Lakes Public Parent’s Morning Tea

Do you have a student in years 4, 5 or 6?
Did you miss our Open Night earlier this year?
Please come along to meet the Principal, tour the school and our outstanding facilities. You’ll find out more about how our fantastic school provides the opportunities your child deserves.

Come along for morning tea on Friday 17th July 2015  9:15am – 10:45am
Narrabeen Sports High School 10 Namona St Narrabeen 2101  9913 7820
Please RSVP to Liz Plumb - narrabeen-h.school@det.nsw.edu.au

EMERGENCY CONTACT DETAILS
It is essential for the school to have your up to date contact information. Please return your updated information sheets which were sent home in Term 1, as soon as possible.
Alternatively, you can update your information at the school office or send any new contact details by email or in writing via the Red Box in the foyer.

THANKYOU
Opportunity Excellence Community Page 12

Mini-Mos Marathon 2015

The Mini Mos Fun Run is one of Sydney’s premier community events, offering participants of all ages and abilities the chance to enter. Over 10,000 people participate in the Mini-Mos each year. The event features 2km, 5km and 10km races around the streets of Mosman. If you wish to enter, please visit the website and look for the Inter school challenge tab. Narrabeen Lakes High School is one of the schools listed. Early bird prices to enter are $17 for the 2km race or $25 for the 5km race.

Mr Alderton and Mr Casey will be there for support. Please see us if you have any questions.

Thanks,

Mr Alderton and Mr Casey

Where: Mosman Public School
When: Sunday 14th June
Register online at:
mini-mos.com

Road safety

Key points to remember around schools

1. 2. 3.

- Driving near school buses
- On and off the bus safety
- Your child is not at risk minutes after getting off the bus. You can reduce the risk.

- Next your child for anotherནٹ
- Next your child for anotherནٹ
- Next your child for anotherནٹ
- Next your child for anotherནٹ

- Never park near a bus stop or bus zone.
- For information about fines and demerit points, visit nmrs.nsw.gov.au.

6 Reasons to attend Narrabeen Sports High School

1. GET THE WELFARE RIGHT
Our expert, personal, individualized and developmentally appropriate education. We have dedicated Year Advisers who are always on hand to guide and support our students. The school follows the best policies to build community awareness. We provide students with a comprehensive support system, including a range of counseling services. We are committed to the health and wellbeing of our students.

2. STRONG ACADEMIC FOCUS
Our school has successfully implemented the Australian Curriculum and we are committed to using the best practices to equip our students with the knowledge and skills they need to succeed. We provide students with a comprehensive support system, including a range of counseling services. We are committed to the health and wellbeing of our students.

3. HIGHLY QUALIFIED AND DEDICATED TEACHERS
Our staff are all highly qualified and dedicated. They provide students with the best possible education. They are committed to the health and wellbeing of our students.

4. SUPER FACILITIES
Narrabeen Sports High School boasts some of the best facilities in Sydney. Our large gymnasium, large gym, and other facilities provide students with the best possible education. They are committed to the health and wellbeing of our students.

5. EXTRA-CURRICULAR ACTIVITIES FOR ALL STUDENTS
Extra-curricular activities such as sport, music and drama provide students with the best possible education. They are committed to the health and wellbeing of our students.

6. THE NORTHERN SYDNEY CHOLICAL AND SPORTS ACADEMY
The Northern Sydney Cholical and Sports Academy is a unique and exciting opportunity for students. It provides students with the best possible education. They are committed to the health and wellbeing of our students.

Parenting Programs

Child & Adolescent Parenting

WHAT’S ON IN TERM 2 - COURSES/WORKSHOPS FOR PARENTS/CAREGIVERS

Tuning in to Kids Course (3-10yrs)
Help your child develop emotional intelligence, manage stress & deal with conflict.
Chatswood Park/26.5km (3/5-1/6, 7:00-7:30pm)

Triple P (Positive Parenting Program) Seminars (1-8yrs)
Serious 12 seminars on positive parenting & handling conflicts.
Chatswood Park/26.5km (3/5-1/6, 7:00-7:30pm)

Toddlers Workshop (6-2yrs)
Series of 2 workshops on Disciplining, Tucker & Time-Out.
Chatswood Park/26.5km (3/5-1/6, 7:00-7:30pm)

Helping Your Pre-School Child with Anxiety

Series of 2 workshops for parents to help your child understand and cope with anxiety.
Chatswood Park/26.5km (3/5-1/6, 7:00-7:30pm)

Resilient Kids Workshop

Strategies to accept & express feelings, develop empathy, handle & cope skills.
Chatswood Park/26.5km (3/5-1/6, 7:00-7:30pm)

Dealing with Teen’s Backchat Workhop

Teens learn how to communicate respectfully & positively with your teen.
Chatswood Park/26.5km (3/5-1/6, 7:00-7:30pm)

Enquiries: Child & Adolescent Parenting 9887 5830