Dear Parents and Caregivers,

The wintry weather has certainly made itself felt in the last few days. Just a reminder that students may wear summer or winter uniform until the end of Week Three. Commencing Monday 18 May, all students should be wearing full winter uniform. For uniform advice, please don’t hesitate to speak to the team in the office.

Cross Country

Our school cross-country races will take place this Friday for students in Years 3-6, and students in Year 2 who turn 8 this year. Please ensure that your child comes suitably attired and with plenty to drink. I look forward to seeing plenty of the ‘Have A Go’ Narrabeen Lakes spirit!

A number of parents have asked me, ‘Why don’t all Year 2 students take part in the Swimming, Athletics and Cross Country Carnivals?’ The reason is that students who achieve a finals placing in the school carnival automatically qualify for the relevant Primary Schools Sports Association (PSSA) Zone Carnival for which the minimum participant age is 8 years. While school swimming activities and the distance of cross country running are problematic for younger students, the school happily provides fun, age-appropriate activities for K-2 students at our Athletics Carnival each year.

Term Accounts

Last week the office issued term accounts to all families. We would be very grateful if you could settle your account as soon as possible, and by Friday May 15 at the latest. Thank you to those families who have already made payment.

In a new development, the school will shortly be offering secure online account payments via our website. Stay tuned for details coming soon!

Mother’s Day Stall

On Thursday 7 May, members of the Parent Club are holding another wonderful Mother’s Day stall to sell gifts for the special day. You can leave any gift ideas/donations in the special box in the foyer. See the flyer on page 7 for full details.

Cyber Safety

On Monday, students, staff and parents were treated to some very interesting and illuminating cyber safety presentations by the ACMA (Australian Communications and Media Authority). The presentation to Years 3-6 revealed some disturbing domestic trends and behaviours among our students.

Dates for Your Diary

TERM 2
Thur 30 April School Tour
Fri 1 May K-2 Gymnastics starts
Thur 7 May Mother’s Day Stall
Mon 11 May Assessment Week/NAPLAN
Fri 15 May Walk Safely to School Day
Tue 19 May ICAS Digital Tech
Tue 19 May P & C 7.30 pm
Tue 19 May Musicale Showcase 6.30 pm
Thur 21 May Senior Band at War Vets
Tue 26 May School Tour
Thur 28 May Cake Stall Band
Wed 3 June ICAS Science
Mon 8 June Queens Birthday holiday
Tue 9 June Class Speak- off Week
that parents and carers might want to discuss with their children at home. For example, a large majority of our 3-6 students are using and accessing Instagram – an app that is legally for over 13s only. Without careful monitoring of the app’s settings, information about a person’s location and behaviours can easily be tracked by a third party. Kik is an app for people aged 17+ and has led to several serious cases of online harassment, bullying and distribution of inappropriate materials for minors, yet several of our students indicated that they are using it outside of school.

A large number of students are also accessing MA15+ games such as Call Of Duty, and a worrying number are playing R18+ games.

Clearly we are living in an age when any information is available at the click of a button, so ACMA’s message is very much one of ‘provide clear limits and boundaries for your child’s internet and device usage’, lest they find themselves in dangerous, costly or very inappropriate online situations.

With appropriate and well-informed adult guidance, the internet and technology should continue to be a wonderful source of information and fun for our ‘digital native’ children.

For further advice and information, please visit their website at www.cybersmart.gov.au/Parents.aspx

ANZAC Services
Last Friday, our captains and prefects did an outstanding job of running the school ANZAC Service. Our captains, along with representatives from each class, laid a wreath and flowers in memoriam of those servicemen and women who gave their lives in the defence of this country.

Thank you also to Mr McMahon, Mr Zappia, Mrs Chant, Mr Casey and Mrs McKenzie for their assistance in organising the service.

On ANZAC Day, our students attended a number of services whilst Sophie Bruce and Jessica McAdam represented the school at the 100 Years, 100 Boats ANZAC Beach Memorial at Collaroy. It was a wonderful community event and I know that many of you, like me, were fortunate enough to be there for this unique occasion in Australia’s history. Sophie and Jessica were presented with Lone Pine saplings that we will be very proud to cultivate on our school grounds.

Happy Birthday to us!
Next Tuesday 5 May, the school turns 126 years of age – a terrific achievement for our wonderful school.

Student Achievements
Angelique K (2/3C) - 20 Red
Jack L (5/6M) - 10 Red
Keanu K (1JH) - 10 Blue

Enjoy the rest of the week.

Andy Rankin
Principal
ANZAC March by Emma C—5/6M

On Sunday the 19 the school vice captains and prefects and house captains went to Boondah Reserve to join other schools and local organisations to march to Rat Park.

When we arrived we were greeted by Mrs Mayo. She gave us a banner to hold and showed us where to stand. There was a bit of waiting around but finally we were off. Crowds of people were waving and taking pictures of us as we walked down Pittwater Road. There were bands and bagpipes playing while cadets marched behind them.

When we got to Rat Park, there was a stadium full of parents, grandparents and other members of the public. We were seated on the grass while a man welcomed us to the 100 years of ANZAC commemoration and made a speech. Tony Abbott, Bronwyn Bishop and the Governor of NSW all read odes and speeches. Bands and bagpipers played, including the 'The Last Post'. We sang both the Australian and New Zealand National Anthems along with the choir and band.

Finally, Tony Abbott, Bronwyn Bishop, Mike Baird and the Governor laid wreaths and left the park in V.I.P. vehicles. We met up with our parents and thanked Mrs Mayo.

I really enjoyed experiencing the march, speeches and the rich history. I hope to be in an ANZAC march again!

BOOKCLUB

ORDERS ARE DUE IN TO MRS CHANT BY FRIDAY 1st MAY

(Any cheques should be made out to “Scholastic Australia”)
Narrabeen Lakes PS canteen opens on 18 May!

To keep our costs down and maximise the profit back to the school, we are recruiting volunteers to commit to one morning (9.30am-1pm) a month, on an ongoing basis or one morning a term, every term.

❤️❤️ Your kids will love you for it!❤️❤️

Register at the school office TODAY or email nlps.canteen@gmail.com or text Jo on 0435583347!
Entertainment Book Fundraiser

The 2015/16 Entertainment Book was launched earlier this week and to date, the number of orders placed is pleasing.... Thank you to all these staff, parents and carers! All of these orders are being fulfilled as we go to print so that supporters can start enjoying the great benefits on their membership. With over 2,000 offers for restaurants, cafes, attractions, hotels, shopping, groceries and travel, the Entertainment Book is unbelievable value at just $70!

The Entertainment Book would also make a surprising gift for Mother’s Day....

Narrabeen Lakes Primary School will retain 20% of all Entertainment memberships sold and will contribute towards the upgrade of uniforms worn by some of our representative sport teams who need to look good when representing our school.

To order your Entertainment membership today, please complete the attached form and return it with payment to the black P & C box in the front office foyer. Alternatively, go to our Entertainment Book link and order your membership online:


Digital memberships will be available immediately on your smartphone while book memberships will be supplied via your child’s classroom teacher on the following school day after order placement.

Thank you for supporting NLPS!
Discover real value...

“We have dozens of offers to choose from, we've enjoyed more than $1,000 of value in just one year!”

“I love my Digital Membership! Now I always have my Entertainment offers with me, wherever I go.”

The entertainment Book OR The entertainment Digital Membership

We're fundraising with the Entertainment™ Book! With thousands of up to 50% off and 2-for-1 offers, here's a taste of what’s in it for you:

| Category          | Offers | 1st Offer       | 2nd Offer       | 3rd Offer       | 4th Offer       | 5th Offer       | 6th Offer       | 7th Offer       | 8th Offer       | 9th Offer       | 10th Offer      | 11th Offer      | 12th Offer      | 13th Offer      | 14th Offer      | 15th Offer      | 16th Offer      | 17th Offer      | 18th Offer      | 19th Offer      | 20th Offer      |
|-------------------|--------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Entertainment     | 75+    | $50 value       | $50 value       | $50 value       | $50 value       | $50 value       | $50 value       | $50 value       | $50 value       | $50 value       | $45 value       | $45 value       | $45 value       | $45 value       | $45 value       | $45 value       | $45 value       | $45 value       | $45 value       | $45 value       | $45 value       | $45 value       |
| Retail            | 215+   | 2 for 1         | 2 for 1         | 2 for 1         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         | 25% off         |
| Travel            | 1,600+ | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       | $20 value       |

We receive $14 from every Membership sold, so order yours today!

Narrabeen Lakes Primary School

Contact: Ingrid Schelk    Phone: 0414 657 377    Email: ingrid.schelk@hotmail.com

To order your Book or your Digital Membership please complete your details below: http://www.entbook.com.au/206d192

Name:    Phone:    Email:

Address:    State:    Postcode:

Sydney and Sydney North: $70 including GST: # _______ Book(s) # _______ Digital Membership(s) $ _______

Sydney Greater West: $65 including GST: # _______ Book(s) # _______ Digital Membership(s) $ _______

Payment type:  [ ] CASH     [ ] VISA     [ ] MASTERCARD     [ ] Post my order $10.50 TOTAL ENCLOSED $ _______

Credit Card number: _______ / _______ / _______ / _______ / _______ Expiry date: _______ / _______ CVV*;

Cardholder’s name: __________________________ Signature: __________________________

Thanks for your support! 20% from each membership sold contributes to our fundraising!
MOTHER’S/CARERS’ DAY STALL
THURSDAY 7 May, 2015

Donations – Please have your child bring in a small, new, inexpensive gift by Monday 4 May.

If you could wrap your gift in clear cellophane it would be much appreciated. There will be a special box in the foyer for your donations.

Some gift ideas may be candles, photo frames, soaps, toiletries, home-wares, cosmetics, perfume...

Volunteers needed please to help with wrapping extra gifts on Tuesday 5 May anytime between 12 – 2pm in the school hall and/or to help serve on the stall on Thursday 7 May anytime between 8.30 am and 11 am. Meet at cola outside school hall.

If you are able to help on either of these days, please fill out the slip below and return in an envelope marked “Mothers’ Day Helper” to the YELLOW box in the school foyer.

Money – Your child will need money to purchase a gift on Thursday 7 May. Gifts will be priced from $2 - $15.

Thank you for your support,
Parent Club

Name: ...........................................................................................................................

Contact Phone No.: ........................................................................................................

Email Address: ...............................................................................................................

(Please tick) I can wrap gifts on Tuesday 6 May  □
I can help serve on the Stall on Thursday 7 May  □
Intention to apply: Year 5 entry to an opportunity class in 2016

Dear Parent/Carer

Opportunity classes cater for highly achieving academically gifted students who may otherwise be without classmates at their own academic and social level. These schools help gifted and talented students to learn by grouping them with other gifted and talented students, teaching them in specialised ways and providing educational materials at the appropriate level.

Applications for opportunity class placement are considered mainly on the basis of the Opportunity Class Placement Test results and school assessment scores. The Opportunity Class Placement Test will be held on Wednesday 22 July 2015.

If you would like to have your child considered for Year 5 opportunity class entry in 2016, you need to do so soon. You will need to apply on the internet using a valid email address (not the student’s email address).

Detailed instructions on how to apply online will be available from 27 April 2015 in a printed application information booklet and at www.schools.nsw.edu.au/ocplacement. The application website opens on 27 April 2015 and closes on 15 May 2015. No late applications will be accepted.

There are no paper application forms. If you do not have internet access, you could apply at a public library. If you have a disability that prevents you from using a computer, you can contact the Unit for assistance after 27 April 2015.

You must submit only ONE application for each student.

Yours sincerely

Principal

Cut along the dotted line and return the completed slip below to this school by next Friday.

Note: This is a notice to your primary school that you intend to apply only. It is NOT an application.
To apply you will need to register and then apply through the High Performing Students application website shown above.

Intention to apply: Year 5 entry to an opportunity class in 2016

Student’s name: ____________________________ Class: ____________________________

I am interested in applying for opportunity class placement in 2016

[ ] Yes  [ ] No

I have internet access and will be applying online

[ ]

OR

I do not have internet access

[ ]

Signature of parent/carer: ____________________________ Date: ____________________________

Note: This is a notice to your primary school that you intend to apply only. It is NOT an application.
To apply you will need to register and then apply through the High Performing Students application website shown above.
National Assessment Program – Literacy and Numeracy 2015

LETTER TO PARENTS

In May 2015 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3, 5, 7 and 9. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy skills of students across Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child’s level of achievement. Each student’s level of achievement will be reported against the national minimum standard.

Student background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student’s right to privacy is maintained.

The NAPLAN tests will be conducted from 12-14 May 2015.

<table>
<thead>
<tr>
<th>TUESDAY 12 MAY</th>
<th>WEDNESDAY 13 MAY</th>
<th>THURSDAY 14 MAY</th>
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<tbody>
<tr>
<td>Language Conventions (Spelling, Punctuation and Grammar)</td>
<td>Reading</td>
<td>Numeracy</td>
</tr>
<tr>
<td>Writing</td>
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In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

Friday 15 May – A ‘catch-up’ day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if they:

- are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments which reflect the student’s normal level of support in the classroom may be provided. Large print, Braille, coloured paper versions and electronic tests are available to meet the needs of individual students.

Access to disability adjustments or exemption from the tests must be discussed with the school principal and a parent or carer consent form must be signed.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents in consultation with the Principal. If you wish to withdraw your child from the tests, a parent or carer consent form must be signed.

Please make an appointment with the principal of the school your child attends if you would like to discuss your child’s participation in NAPLAN.

Additional information about NAPLAN can be found at www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html.
# Narrabeen Lakes Parent Calendar

## Term 2

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>1</td>
<td>20 - 24 April</td>
<td>21</td>
<td>22</td>
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<td></td>
<td>SDD</td>
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<td>ANZAC Service</td>
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<td>2</td>
<td>27 April - 1 May</td>
<td>27</td>
<td>28</td>
<td>29</td>
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<td></td>
<td>Cyber Safety Talk</td>
<td>Police Band</td>
<td>PCS Choir Rehearsal</td>
<td>School Tour</td>
<td>K-2 Gymnastics starts TBC</td>
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<td></td>
<td></td>
<td>Cross Country</td>
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<td>3</td>
<td>4-8 May</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>8</td>
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<td></td>
<td>Assessment week</td>
<td>Combined Band perform School Birthday</td>
<td>Mother’s Day still</td>
<td>K-2 Gymnastics</td>
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<td>4</td>
<td>11-15 May</td>
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<td>12</td>
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<td></td>
<td>Assessment week</td>
<td>NAPLAN</td>
<td>NAPLAN</td>
<td>NAPLAN</td>
<td>K-2 Gymnastics</td>
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<td></td>
<td></td>
<td>Band Committee Meeting</td>
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<td>Walk Safely to School Day</td>
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<td>5</td>
<td>18-22 May</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
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<td></td>
<td></td>
<td>ICAS Digital Tech Musical Showcase 6:30pm P&amp;C</td>
<td>Senior Band at War Vets Year 1 Excursion Manly</td>
<td>K-2 Gymnastics</td>
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<td>6</td>
<td>25-29 May</td>
<td>24</td>
<td>26</td>
<td>27</td>
<td>28</td>
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<tr>
<td></td>
<td></td>
<td>School Tour PCS Music Festival Dance rehearsal</td>
<td>PCS Music Festival Dance rehearsal</td>
<td>Cake stall band</td>
<td>K-2 Gymnastics</td>
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<tr>
<td>7</td>
<td>1-5 June</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
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<td></td>
<td>Year 4 Field of Mars Excursion</td>
<td></td>
<td>ICAS Science</td>
<td></td>
<td>K-2 Gymnastics</td>
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<tr>
<td>8</td>
<td>8-12 June</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
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<tr>
<td></td>
<td>Queen’s Birthday</td>
<td>Class Speak off Week Band Committee Meeting</td>
<td>Boori Manly Aboriginal Performance</td>
<td></td>
<td>K-2 Gymnastics</td>
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<tr>
<td>9</td>
<td>15-19 June</td>
<td>15 Grade Speak off ICAS Writing week</td>
<td>ICAS Spelling P&amp;C</td>
<td>School Tour</td>
<td>Northern Beaches Instrumental Festival Concert &amp; Performance Band K-2 Gymnastics</td>
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<tr>
<td>10</td>
<td>22-26 June</td>
<td>22 Reports home</td>
<td>23 Recorder group in city</td>
<td>24 House Treat</td>
<td>26 Grade Champion Speak Offs</td>
</tr>
</tbody>
</table>
Free evening Seminar on Identifying & Managing Child Anxiety

Are you, or someone you know, concerned about Anxiety in children 7 – 12 years old?

The Rotary Club of North Ryde is running a series of seminars on child anxiety, based on research by the Centre for Emotional Health at Macquarie University.

**Topic:** Identifying & Managing Child Anxiety.

**Speaker:** Dr Lauren McLellan, Centre for Emotional Health, Macquarie University, a registered psychologist and post-doctoral research fellow. She has experience working with children and families and a particular interest in assisting children and their carers manage excessive anxiety and fears.

**Description:** Anxiety is the most common form of mental problem, followed by depression. The effects are very distressing to family and friends. But understanding the causes, impacts and potential treatments can help manage it.

This seminar will discuss the problem, its causes and treatment programs, based on breakthrough research findings. A Q&A session is included. Suitable for students, parents, carers, school counsellors and teachers and anyone interested in the topic.

**For more information:**

Over 600 university, school, corporate and community participants will run or walk to raise money for youth mental health research and treatment, and other worthy Rotary projects.

Find out how you can sponsor the North Ryde Fun Run or make a donation on our [Sponsor Us page](http://www.northrydefunrun.com.au/seminars/).

**Good for you, good for youth mental health**
Mini-Mos Marathon 2015

The Mini Mos Fun Run is one of Sydney’s premier community events, offering participants of all ages and abilities the chance to enter. Over 10,000 people participate in the Mini-Mos each year. The event features 2km, 5km and 10km races around the streets of Mosman. If you wish to enter, please visit the website and look for the Inter school challenge tab. Narrabeen Lakes Public School is one of the schools listed. Early bird prices to enter are $17 for the 2km race or $25 for the 5km race.

Mr Alderton and Mr Casey will be there for support. Please see us if you have any questions.

Thanks,
Mr Alderton and Mr Casey

Where: Mosman Public School
When: Sunday 14th June
Register online at;
mini-mos.com

RAISING RESPONSIBLE DIGITAL CITIZENS

With Leonie Smith the Cyber Safety Lady

Leonie Smith is one of Australia’s leading cyber safety educators and a mother of four. Learn how to keep your kids safe online:
- Screen time balance
- Safe social media
- Cyber bullying
- Smartphone safety
- Avoiding adult content

Tue 26 May
7 – 9pm
Covenant Christian School, 212 Forest Way, Beirrose
FREE but bookings essential on youthbooking@warringah.nsw.gov.au
For more information call 9942 2681.

RESERVATION FORM

WARRINGAH – Presented by Cordelia Holman Vertical
Unit 50, Buttons Street Warriewood, NSW

<table>
<thead>
<tr>
<th>Event</th>
<th>Tickets Available</th>
<th>Price $</th>
</tr>
</thead>
<tbody>
<tr>
<td>TUNING IN TO KIDS</td>
<td>25</td>
<td>$15.00 per person</td>
</tr>
<tr>
<td>TUNING IN TO TEENS</td>
<td>25</td>
<td>$15.00 per person</td>
</tr>
<tr>
<td>PARENTING CHILDREN WITH ADHD</td>
<td>25</td>
<td>$50.00 per couple</td>
</tr>
<tr>
<td>MAND</td>
<td>25</td>
<td>$50.00 per couple</td>
</tr>
</tbody>
</table>

TOTAL: $ 50.00 per couple

Participant name:
Child/children’s age:
Where did you hear about the course?

1. Cheque payable to Be Centre Foundation or VISA/MasterCard
2. Card No:
3. Expiry date:
4. CVC:
5. Signature
6. Address:
7. Telephone/Mobile:
8. Email:

To ensure individualised attention and an optimal group dynamic, a facilitator will phone you to discuss your needs and expectations prior to your booking being finalised.