Dear Parents and Carers,

The school has been busier than usual this week with the Parent Teacher Interviews taking place every day before and after school. It's hard to believe that next week is the last week of term. We hope that your children have enjoyed their studies so far this year. Due to the Good Friday public holiday, school finishes on Thursday 2 April.

**ANZAC DAY**

ANZAC Day this year has a special significance, as it is the 100th anniversary of the landings at Gallipoli. Students from our school will likely be participating in a couple of large community events, the details of which I will share with you in next week’s newsletter as they come to hand. In addition, the school will hold its own ANZAC service for K-6 students on Friday 24 April in the school hall.

**Kokoda Track Memorial Walkway visit**

In keeping with the ANZAC theme, Stage 3 students are visiting the Kokoda Track Memorial Walkway in Concord this Wednesday. It is a great opportunity for our students to learn about the bravery of Australian troops who fought through atrocious conditions and against vastly superior enemy numbers in the Papua-New Guinea campaign of July 1942-January 1943. Thank you to the The Returned and Services League of Australia (New South Wales Branch) who are paying for transportation to and from Concord.

**School Tour**

Our second school tour of the year will take place next Wednesday 1 April at 9.30am. If you know somebody considering the school for next year, please pass on this information to them. As our school is continuing to grow, please be aware that we can no longer accept ‘out of area’ enrolments.

**Term Accounts and School Fees**

Thank you to all of you who have paid their term accounts and school fees. If you still have outstanding amounts, please return your payment in a clearly labelled envelope to the red box in the foyer. Payment is particularly important for those students with outstanding excursion or PSSA fees.

**Election Day Band BBQ**

If you’re popping into the school to vote this Saturday, please be sure to visit the Band BBQ for a delicious bacon and egg roll and a soft drink. All monies raised go directly to purchasing instruments and sheet music for our three great bands. Thank you to our very active Band Committee for their efforts to organise the event.
The Performance Band will be blowing up a storm in the last assembly of the term on Thursday 2 April at 11.15am. You’re welcome to attend.

Ride to School Day
Thank you for such a wonderful turnout by our students during Ride To School Day last week. The school certainly was a colourful place with all the imaginative costumes and highly decorated bikes and scooters, not to mention the staff who contributed to the fun with their dress up skills!

Special thanks to Mrs Clarke, our wonderful student Ride2School Ambassadors, all Parent Club members, and parents who contributed food or help to the canteen. A special mention and thank you to Mr Ross Murone who provided all the fruit for the welcome breakfast.

Look for Mrs Clarke’s report on this special day later in this newsletter.

P&C Raffle Fundraiser
Congratulations to all our wonderful students and families who have raised $6,450.21 in the P&C Raffle to win a Nissan Micra.

These funds will be directed to the purchase of new classroom iPads and exciting new technology for all our students to enjoy in their classrooms.

Congratulations and thank you to the new P&C team for such a huge effort and contribution to life in this great school.

Understanding Autism Spectrum Disorder
Do you want to understand more about Autism Spectrum Disorder (ASD)?

The school has organized a workshop on Tuesday 31 March from 3.45-6.30pm, which will provide ideas, hints and strategies for parents and teachers to assist with the support of children who have ASD.

Presenter Sue Larkey is uniquely positioned within the education system having taught both as a primary school teacher and a special education teacher.

Bookings are essential. To confirm your place at this workshop please complete the tear off slip in this newsletter and return it to the red box in the office by this Thursday 28 March.

Cyber Safety Presentation Evening
To help parents keep their children stay safe online, Narrabeen Lakes is hosting a Cybersmart Outreach—Internet Safety Awareness presentation on Monday 27 April (Week 2 Term 2) at 6.30pm.

Designed for parents, this presentation is provided by the Australian Communications and Media Authority (ACMA) as part of a national program of cybersmart initiatives. The Cybersmart presentation is thorough and non-technical. It covers a range of issues including:

- the ways children use the internet and emerging technologies
- potential risks for children online, such as cyberbullying, identity theft, inappropriate contact and exposure to inappropriate content
- tips to help children stay safe online.

The presentation is conducted by an ACMA Cybersmart trainer and is free of charge. To reserve you place, please complete the tear off slip in this newsletter.

Piano – free to a good home
The T1H classroom has a vintage upright piano that is free to a good home, if you can pick it up. It’s in need of some TLC and a good tune up but is otherwise fine. Please contact the school office if you are interested.

Student Achievement:
Congratulations to Kiahni Scott on her representation at the Regional Swimming Carnival in the 50m butterfly event. Kiahni came a very creditable 10th overall.

I have been delighted to see a number of Silver Mathletics awards cross my desk in recent weeks. Mathletics is a terrific online program for all our students and can be used at home and at school. Congratulations to all our recent Mathletics awards recipients – I can’t wait to see some more!

Student Merit Achievements
Owen M (2J) 20 Red Merits
William K (4P) 20 Green Merits
Ryder N (1JH), Taylor L (1D), 10 Blue Merits

House Points
Sharks 6
Stingrays 10
Dolphins 10

It’s looking like a very close finish to the House Points competition between the Stingrays and the Dolphins. Who will win the House Treat?!!

Until next time,
Andy Rankin
Principal

REGIONAL SWIMMING CARNIVAL

Last Thursday evening I went to Sydney Olympic Park to represent our school for swimming. When I arrived it felt like a dream. As I was sitting down waiting for my race I felt nervous and excited at the same time. When I entered the block I thought, is this real, is this really happening? When I hit the water I said to myself “let’s do this!”

I raced as fast as I could in the 8–10’s girls’ 50 metre butterfly. I ended up coming 3rd in my heat and 10th overall. I really hope to do it all again next year!

By Kiahni S (4M)
P&C Raffle Update

Congratulations to all our wonderful students and families who have contributed to the success of our fundraiser. Collectively, the school community have raised a healthy $6,450.21! These funds will be directed to the purchase of many new classroom iPads and exciting new technology!

Please note reminders have been sent to a small quantity of families who have not yet returned their allocated raffle booklet. As previously advised, each booklet needs to be accounted for regardless of whether tickets are sold or unsold. Please return your booklet to the P & C black box in the front office immediately for inclusion in next Monday’s draw and for auditing purposes. Your cooperation is appreciated...

A reminder to all families that the fundraising raffle will be drawn on **Monday 30 March 2015** at 8pm at the North Narrabeen Surf Life Saving Club, 2 Malcolm Street, Narrabeen. Everyone is welcome to attend!

The winning ticket holder will be advised by telephone contact and will also be advertised in the Sydney Morning Herald on Thursday 2 April 2015.

Good luck to all NLPS families - we hope the winner of the fabulous Nissan Micra is from our own school community!

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25/3/2015

**BAND MATTERS**

It’s Election Day this Saturday so please come and support our school band at our Fundraising BBQ and cake stall.

We are asking for donations of cakes/slices; please bring them in on Friday morning to drop off at the canteen. Your donations are greatly appreciated.

**Our Band Member of the Week is CAMERON YEOMANS** for nailing his band music each week. WELL DONE! Cameron will receive a blue award.

A reminder to all students to arrive to band rehearsals on time and please have your music with you at all times.

For any enquires for our School Band please contact Tracy Grainger 0434 395 460
On the 19th of March, Mr Rankin and Mr Casey and the two of us, (Josh and Austin), went to visit the Children’s Hospital at Randwick to present the huge cheque for $7483.78 that we raised when we cut off our hair and Mr Casey cut off his beard.

When we arrived, two kind ladies gave us a tour around the hospital. We got to see some of the children’s artworks. We also saw the children’s playground, fairy garden and a big train set that they play with.

We met a man who plays music with the kids who are sick. He showed us his instruments and we got to have a turn to make some great music with him.

The money we raised went towards buying 10 Playstation 4 consoles and a portable electronic percussion kit for the kids.

We felt very happy and proud to be able to give them the money to buy these fun things. Hopefully it will put a smile on their faces.

Josh Thomson and Austin Whitfield
Congratulations to all the ‘Wacky and Weird’ looking students of Narrabeen Lakes Public School for walking, wheeling, scooting and skate boarding to school on National Ride2School day last Wednesday 18th March.

What excitement as students started arriving at school! How wonderful to see so many students, parents and teachers dressed in their ‘Wacky’ outfits and so many decorated bikes, scooters and skateboards. There was an abundance of bright colours, weird and wonderful hairstyles, painted faces, students and teachers sprouting wings, wearing pyjamas and other wacky costume styles.

Very special thanks must go to the NLPS parent club who were up bright and early to provide healthy breakfast treats for students and parents as they arrived at school. So many parents gave up their time, to help prepare a wonderful breakfast spread for students as they arrived at school. Thank you also to the Murone family who kindly donated the beautiful fruit for the breakfast.

Also, 2 house points were awarded for the children of every parent volunteer and the Ride to School breakfast saw the parents contribute the following points:

STINGRAYS – 10 points  
SHARKS – 8 Points  
Dolphins – 6 points

Lastly, a very big thanks goes to the wonderful Ride2School ambassadors, students from years 1 – 6 who assisted tirelessly on the day to make it a tremendous success. Ride2School ambassadors were at school by 7:45am helping set up bike parking stations, tagging and parking bikes in the secure parking area, handing out stickers, information brochures and spot prizes. NLPS Ride2School ambassadors and parent club helpers all ensured the success of this important day on the school calendar. Thank you everyone who assisted and gave up his or her time.

Mrs Clark - Science teacher

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RIDE TO SCHOOL MUFTI DAY

Thank you to everyone who contributed to the gold coin donation for the Children’s Hospital.

We are sending a cheque for $346.00.

WELL DONE!
WACKY RIDE TO SCHOOL DAY
2015
If you recognise anything above which has been left in the canteen please collect by Monday 30 March. Anything not collected will be donated to charity.
National Assessment Program – Literacy and Numeracy 2015

LETTER TO PARENTS

In May 2015 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3, 5, 7 and 9. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy skills of students across Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement. Each student's level of achievement will be reported against the national minimum standard.

Student background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student's right to privacy is maintained.

The NAPLAN tests will be conducted from 12-14 May 2015.

<table>
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<tr>
<th>TUESDAY 12 MAY</th>
<th>WEDNESDAY 13 MAY</th>
<th>THURSDAY 14 MAY</th>
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<tbody>
<tr>
<td>Language Conventions (Spelling, Punctuation and Grammar)</td>
<td>Reading</td>
<td>Numeracy</td>
</tr>
<tr>
<td>Writing</td>
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In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 8 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

Friday 16 May – A 'catch-up' day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if they:

- are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments which reflect the student's normal level of support in the classroom may be provided. Large print, Braille, coloured paper versions and electronic tests are available to meet the needs of individual students.

Access to disability adjustments or exemption from the tests must be discussed with the school principal and a parent or carer consent form must be signed.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents in consultation with the Principal. If you wish to withdraw your child from the tests, a parent or carer consent form must be signed.

Please make an appointment with the principal of the school your child attends if you would like to discuss your child's participation in NAPLAN.

Additional information about NAPLAN can be found at www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html.
Narrabeen Lakes Public School P&C
Canteen Mission Statement
Opening mid-Term 2 2015

1. Narrabeen Lakes Public School Canteen (“School Canteen”) is committed to providing a service to the school community which will endeavour to provide a fun, healthy and nutritional menu following the NSW Education & Communities Healthy School Canteen Strategies and the Fresh Tastes @ School Canteen Menu Planning Guide. The NLPS Canteen is a member of the NSW Healthy Schools Association.

2. The School Canteen will operate to provide a financial contribution towards the resources for all students in the school through the Narrabeen Lakes Public School P&C Association.

3. The School Canteen welcomes volunteers to take part in the preparation and serving of food and promotes a safe, friendly and positive work place.

4. The School Canteen will consider the needs of the school community and provide, where it can.

Example of Canteen Menu options which can be ordered online only – more information to follow in Term 2.

Lunch Orders - Everyday options
- Sandwiches, wraps and salad boxes
- Steamed rice – gluten free
- Pizza roll
- Fruit Salad – gluten free and dairy free
- Fruit of the day – gluten free and dairy free
- Muffin/slice/biscuit of the day
- Popcorn
- Assortment of drinks (i.e. plain milk, low fat flavoured milks, fruit juice, water)
- Yoghurt

Lunch Orders - Rotation options (examples)
- Toasted sandwiches (gluten free option too)
- Nachos
- Twista bolognaise (dairy free option too)
- Honey/soy chicken with rice
- Fried rice
- Butter chicken with rice
- Sushi
- Chicken burgers
- Travellers meat pie
- Sausage roll (low fat)

Narrabeen Lakes Public School P&C Canteen Committee
Christmas in July Charity Ball

Friday 17th July 2015
from 7pm ~ Midnight
Miramare Gardens, Terrey Hills
Hosted by: Georgie Gardner

Buy Tickets Now
www.fightonthebeaches.com

- 5 Hour Unlimited Drinks
- Canapés
- Entertainment from Jellybean Jam
- 2 Course Christmas Meal
- Hundreds of Christmas Presents
- Vic Lorusso as Auctioneer

www.facebook.com/fightonthebeaches
Circle of Security
Parenting Program

This is a 8-week program suitable for parents of children aged 0-5, which will:
- Assist you in understanding your child’s needs and behaviour
- Help your child manage their emotions
- Develop skills to build a positive relationship with your child to develop their confidence and self-esteem.

Where: Naremburn Family Centre, 40 Merremburn Ave, Naremburn 2065
When: Tuesday 4:00pm-6:00pm 24/6/2015-09/9/2015
Total Cost: $30
Facilitators: Gemma Wood & Cheri Rummans

Bookings are essential and a phone interview is required. To enquire or register for the course please contact on 8425 8700 or email naremburnfamilyservice@dbb.org.au. Please note children are not able to attend, and childcare is not provided.

1-2-3 Magic
Parenting Program

Parenting program for parents and carers of children aged 2-9
It’s not easy being a parent! You want kids who listen and children you can enjoy.
In 1-2-3 Magic you will learn how to handle misbehaviour in public and how to avoid the talk – persuade – argue – yell – hit syndrome. You’ll also discover how your silence can speak louder than words.

1-2-3 Magic addresses these issues in the following steps:
Step 1 Controlling obnoxious behaviour
Step 2 Encouraging good behaviour
Step 3 Strengthening your relationship

When: Friday 29th May, 5th June and 12th June 2015 9:45am—12:pm
Where: CatholicCare Naremburn Family Centre
40 Merremburn Ave, Naremburn
Cost: $15

This group will only commence if spaces are filled.
Bookings are essential to book please call 8425 8700 or email naremburnfamilyservice@dbb.org.au

Please note children are not able to attend, and childcare is not provided.

Cool Kids
Child Anxiety Program

Cool Kids is designed for children in primary school aged 9-12 years.
This program focuses on teaching children and parents better ways to manage anxiety.
Cool Kids will run for 8 weeks with a follow up group session.
Families will be interviewed prior to group commencing.

The program aims to:
- Build skills
- Reduce distress
- Promote confidence and
- Face fears

Where: Naremburn Family Centre, 40 Merremburn Ave, Naremburn.
When: Tuesday 4:00pm-6:00pm
28th April – 16th June 2015
Follow up group: Tuesday 4:00pm-6:00pm, 14th July 2015
Total Cost: $90 for one child and one adult

Bookings are essential as spaces are limited. To enquire or register for the course please contact the Counselling team on 8425 8700.

Tuning into Teens
Emotionally Intelligent Parenting

Starts:
Wednesday 29th April—2nd June (6 Sessions)
Time:
6:15pm—8:15pm
Venue:
Naremburn Family Centre
40 Merremburn Avenue
Naremburn
Cost:
$60
Contact: Gemma Wood
Tel: 8425 8700
Bookings are essential

A 6 week Parenting Course for parents of Teens aged 10-18 years:
- Communicate more effectively with your teenager:
- Understand your teenager better.
- Help your teenager to master emotional intelligence.
- Help your teenager manage emotions.
- Prevent some teenager behaviour problems.
- Help your teenager deal with conflict.