Dear Parents and Caregivers,

On Monday night our school held its Meet the Teacher Evening that was well attended by parents across all classes. Thanks to our teachers for their professionalism in explaining the quality teaching and learning programs on offer this year in all classes at Narrabeen Lakes Public School.

**Swimming Carnival**

Our swimming carnival will take place this Thursday 26 February at the Manly Andrew ‘Boy’ Charlton Swim Centre. It is our first time using the quality facilities that a purpose built venue like the Centre can provide. We hope to see lots of families and carers there to cheer on students from Years 3-6 and the capable Year 2 swimmers who turn 8 this year. The carnival will take place even if it is raining, so please ensure that your child not only has sunscreen but wet weather protection too!

**Working Bee**

All parents, carers and students are invited to our first Working Bee of the year on Sunday 1 March from 8.30-11.30am. Our aim is to tidy up several areas of the grounds and re-mulch the Adventure Playground, so we need your help!

If you can spare an hour, come on down with some gardening gloves and any handy gardening tools that you may have. We particularly need wheelbarrows to move the large mounds of mulch that have arrived this week.

Ours is a community school, so we’d love the community to help us on this special morning to make our school even more beautiful than it already is.

**P&C Raffle**

Thanks to all families and students for the great response to the P&C’s raffle initiative this term – it would be wonderful to see a Narrabeen Lakes parent receiving the keys to a brand new Nissan Micra if they hold the winning ticket. I encourage you to continue to support this fundraiser as it will potentially enable the purchase of more iPads and laptops to enhance the learning of all our students.

**Learning Times Tables**

A teaching and learning focus in Maths for 2015 is the development of times tables knowledge and instant recall of these table facts. I’m sure as parents you can remember (possibly with dread!) when you had to learn your times tables at school. There are so many ways to learn the tables, but once you’ve learned them they stay with
you forever. Times tables help not only with division but also in the real world of shopping, sharing bills in a restaurant, calculating the area of carpet needed for the family home etc.

According to the new Mathematics K-10 syllabus, students are expected to “recall multiplication facts up to 10x10 and related division facts” by the end of Year 4.

The students in Years 1 and 2 are gradually introduced to the concept of multiplication and division but it is Year 3 that the formal study begins. By Years 5 and 6, it is expected that “students could extend their recall of number facts beyond 10x10 by also memorising multiples of numbers such as 11, 12, 15, 20 and 25”.

The school will soon be announcing a number of fun programs to encourage the students to learn their tables and develop instant recall. In the meantime, I encourage you to support your child’s learning of times tables at home. There are so many apps available on smart phones and tablets to make the learning fun, including your child’s school subscription to Mathletics. If you need some other ideas, please try these websites:

http://bit.ly/18iLhZZ
http://bit.ly/1zhdyXZ

Teaching Literacy and Numeracy – help for parents and carers
We will be holding an information evening for parents and carers about the teaching of literacy and numeracy in NSW schools. If you find yourself confused with how we teach addition and subtraction, if you’re not sure how to assist your child with reading, or if you need ideas to encourage a reluctant reader or mathematician, then this evening is for you.

Join us on Tuesday 17 March in the library for the following sessions:
Literacy 6pm-6.45pm
Numeracy 6.45pm-7.30pm
If you have a question that you’d like us to address during the evening, please email the school address with ‘Literacy and Numeracy Question’ in the subject of the email. We will do our best to answer your question during the evening, subject of course to the number of questions we get!

Swim Scheme
Last Thursday, I joined Years 5 and 6 at the Swim Scheme at Collaroy Rock Pool. Whilst poolside, the coaches reported to me how polite and well behaved all our students were throughout the week. Congratulations to all our students who participated in Swim Scheme – you make us very proud teachers.

Thank you for the great many emails I received in response to my call for feedback on the Swim Scheme. We will be making some adjustments for 2016 based on your information and also to meet the changing demands of our growing school. If you would still like to share your views on the scheme, please email me by this Friday at andrew.rankin@det.nsw.edu.au

School Tour
A reminder that our first school tour of the year will take place next Tuesday, 3 March at 9.30am. If you know somebody considering the school for next year, please pass on this information to them. As our school is continuing to grow, please be aware that we can no longer accept ‘out of area’ enrolments.

Clean Up Australia Day
Due to the wet weather, sadly we will have to rearrange this event.

Canteen Manager
The Canteen Manager position advertised by the P&C in this newsletter closes this Friday.

Student Achievement
Sam Digby (1JH), Charlie Digby (1D) 20 Blue Merits
Charlie Digby (1D), Joshua Self (4P) 20 Red Merits

House Points
Sharks 3
Stingrays 4
Dolphins 6

Wishing you a happy last week of summer.

Andy Rankin
Principal

PITTWATER PSSA
SUMMER DRAW
2015

Junior Girls TBall
Senior Boys Softball
Junior Boys Cricket
Senior Girls Tag
AFL

Cricket at venue listed below
Softball and TBall at Boondah or Rat Park
All Eagle Tag games are at Narrabeen North Reserve/Rat Park
All AFL games on front field Narrabeen Sports High

TERM 1
27 Feb GALA DAY Tag & Softball, Rat Park
TBall, Newport Oval Cricket, Boondah and NNPS
6 Mar NLPS Vs Avalon Cricket Newport, Softball RP
13 Mar NLPS Vs Mona Vale Cricket Griffith, Softball RP
20 Mar NLPS Vs Bilgola P Cricket Griffith, Softball RP

PLEASE PASS THIS INFORMATION on to any relatives that may wish to see your child play.
Last weekend, I was proud to represent my school in an interschool competition for horse riding.

At Central Coast Grammar School, there were 42 schools represented from Jindabyne to Gorokan. There were 85 riders and 85 beautiful horses.

I rode my new horse called Promise in three different equestrian disciplines. They were called hacking, sporting and jumping. I won one ribbon in my handler class.

I enjoyed my jump round the most because Promise was very brave when we went into the jump off. It was also nice to see my horsey friends from other schools.

By Brooke 6C

Hi, my name is Noah and I’m in 6C. You are about to read the most exciting moment of my life!

Over the weekend I travelled to Huskisson to compete in a triathlon and a fun run. The triathlon involved a 150m swim, 6km bike and 1km run.

The fun run was a 2km sprint. The racing was hard but fun. I think I came 7th in the triathlon out of about 42 and 12th out of 56.

I am proud of myself as I had enormous fun and really tried my best.

Hi, my name is Sean and I’m in 6C. On Monday 9 February I participated in the Zone Trials for tennis. I came 1st in my group then I went into the knockout group and came 1st again!

I was really happy that I made it into the Regionals which will be held in the next few weeks.

In the games I won 3-1, 3-0, 3-1, 3-1, 3-0 and lost 2-3. I enjoyed myself and the best part was that I won.

Hi, my name is Kate and I’m in 6C. On Tuesday in Week 4 I, Kate (6C), went to Cromer High for an extension class. I met Mr Rankin’s daughter Mia and lots of other great people too. We made power point games with people from other schools. I was paired with Cosmos. We’re making a game called:

Cure Quest

The next thing we did was dissect a sheep’s brain. It was awesome and gross at the same time. It was great fun.

By Kate 6C

P.S Students of Narrabeen Lakes, achieve your best and you might get the opportunity to do this, too.
LIBRARY NEWS

Once again this year many students have indicated that they wish to participate in the **Premier’s Reading Challenge**.

Very briefly, the rules are as follows:

- **Kindergarten - Year 2 students** read 30 books (25 from set list + 5 free choice)
- **Years 3 - 4** read 20 books (15 from set list + 5 free choice)
- **Years 5 - 6** read 20 books (15 from set list + 5 free choice)
- All student reading records are submitted online

Reading must be completed by the end of August.

If you wish your child to participate in this challenge, please fill in the tear-off portion at the end of this newsletter and send back to Miss Garden, in the Library. Upon receipt of the tear-off portion below, further details will then be sent home.

Miss Jenny Garden
Teacher/Librarian

**PREMIER’S READING CHALLENGE**

I wish my child …………………………………………………………………………………….. in class ………………..

to participate in the **Premier’s Reading Challenge** in 2015.

I understand that I will need to keep a record of the books read to, and by, my child and to submit his/her Reading Log online.

Signed: ………………………………………………… ……………… (parent/caregiver)

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URGENT NUT ALERT to all parents and caregivers!

Narrabeen Lakes endeavours to be a ‘nut free’ zone for the welfare of anyone in our community who has an allergic reaction to nuts and **NUT PRODUCTS**.

**Please remember NOT to send food items to school that contain nuts.**

These include the following items:

♦ Nuts of any description including sesame seeds.
♦ Fruit, energy and muesli bars that contain nuts.
♦ Nutella spread on your child’s sandwich.
♦ Satay items as satay is derived from nuts.
♦ Chocolate items that may be nut contaminated.

It is essential that you follow this request as we have a number of severely anaphylactic children in our school community.

To also safeguard against allergies, please consult with your child’s classroom teacher BEFORE supplying treats (eg cake) for your child’s birthday. Unfortunately it is a common fact today that a considerable number of children have varying allergic reactions to many different food items including gluten, eggs and milk products.

Thank you for your assistance.
IT’S COMING...
National Ride2School Day
Wednesday 18 March
Ride, scoot or walk to school!

Narrabeen Lakes will once again be celebrating ‘active travel day’ on Wednesday 18\textsuperscript{th} March. We encourage all students and their families to leave the car at home on this day and get a taste of the benefits, ease and fun involved in choosing to walk and wheel to school.

Ride2School day will be a Mufti day with a theme of ‘Wacky Wednesday’. Students will need to bring a gold coin donation.

Remember, if you are riding, scooting or skating to and from school, you must wear a HELMET.

If you have any enquiries regarding the day, please contact Mrs Janette Clark - Science Teacher

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Crunch & Sip

Students at NLPS participate in Crunch\&Sip\textsuperscript{a} breaks every day.

Crunch & Sip is a break during class when students can refuel on fruit and veg and rehydrate on water. The break assists students with physical and mental performance, and concentration in the classroom.

Crunch & Sip encourages fruit and vegetable snacking and drinking water. Healthy eating behaviours are modelled in the classroom and reinforce the nutrition messages in the PD/H/PE curriculum. By making fruit and vegetable eating and water drinking normal in the classroom, healthy habits can be formed and continued into adolescence and adulthood.

The Crunch & Sip break gives students the opportunity to eat the piece of fruit that might otherwise be left in their lunchbox. Students are also more likely to eat their fruit or vegetables and drink their water if their friends and peers are all doing it too.

Students at NLPS participate in Crunch & Sip breaks every day. The following are great ideas for Crunch & Sip variety packs. You could try to include two or three different kinds in each pack, maybe one unfamiliar alongside one or two choices your child already loves. Remember to include a bottle of water. Here are some ideas:

- Sugar snap peas and tomatoes
- Peas, cherry tomatoes & mushrooms
- Melon balls
- Grapes and mango
- Kiwi fruit with a spoon
- Radish, rocket & cucumber
- Corn, carrots and cucumber
- Green beans and capsicum
SUNDAY MARCH 1

WORKING BEE

Narrabeen Lakes Public School
8.30am - 11.30am

We will be clearing up garden areas, re-mulching the Adventure Playground, weeding, pruning, planting and landscaping.

- Come for an hour or whatever time you have available
- Bring a water bottle, gloves, hat and shoes for gardening
- Some tools available but you are recommended to BYO
- Light refreshments provided
- Please sign in outside the Canteen
- All parents, carers, staff and children (under supervision) welcome

Opportunity, Excellence, Community
The school swimming carnival will be held on Thursday, 26 February at the Manly Swim Centre, with races commencing at 10.00am. The carnival will conclude at 2.00pm. The carnival will be held, even if it is raining.

Students will travel by bus. **Year 6 and children competing in the 100m open freestyle event will depart at 9.00am.** Please ensure your child arrives promptly by this time so the carnival can commence on time.

Children will need to bring recess, lunch and plenty of water. **They will NOT be permitted to use the canteen at the pool on the day. This is an Out-of-Bounds area.**

They will also need a hat and sunscreen.

**ORDER OF EVENTS**

1. 100m Open Freestyle
2. 50m Freestyle age races
3. 4x50m Medley - Jnr, Snr
4. 50m Breaststroke, Backstroke, Butterfly
5. 50m Freestyle Finals
6. House Relays – Jnr, Snr
7. 25m events, if time permits.

**Note**

Only freestyle finals will be held on the day. **Winners of the other stroke events will be determined by the fastest heat times.**

House Chants will take place if time permits. Otherwise we will run them at school the following day.

There is a $4.00 entry fee charged by the pool for parents wishing to watch the carnival.

Thank you to those parents who have offered to help on the day. If you are able to help act as a time-keeper, your assistance would be very much appreciated.

Thank you
Ian Phillips
It’s got to be fun in Year 1.

What a busy first term we are having! It has been very exciting for all the Year 1 teachers to meet our students.

Maths groups are a big hit! This is a very busy time of day and a good chance for us to mix with the other Year 1 classes. We’ve been playing lots of different games and using varied materials to get our maths brains working. It is a great way to see how we use maths in everyday life. It is also super fun.

Many thanks to the parents who have volunteered to help with literacy groups. The children really benefit from having the extra pair of hands in the classroom. We are using the iPads in literacy lessons to create posters for spelling and sentence writing.

Year 1 are learning about “celebrations” in HSIE. We are using this focus for creating magnificent artwork. We have also based our PE, dance and singing around celebrations. The children especially love learning the dance that Mrs Syron is teaching them to “Waka Waka”. This was used to celebrate the Soccer World Cup 2010.

Looking forward to a fun and interesting learning journey.

Mrs Kirkland, Mrs Donohoe, Miss Jeffries and Mrs Hinte
CHESS CLUB

SOME OF OUR KEEN CHESS CLUB MEMBERS IN ACTION!
Canteen Manager - Recruitment

The P&C is currently seeking applications for the position of Canteen Manager. This paid position is covered under the Fast Food Industry Award (MA000003), is classified as Level 3 under the Award and can be either a casual or part-time role. The role will be 3 days per week (Monday, Wednesday and Friday), 6 hours a day.

The Canteen Manager reports to the P&C Association through the chair of the Canteen Subcommittee and the P&C Executive.

This position is a hands-on position requiring you to prepare lunch food orders complying with the Department of Health's 2010 National Healthy School Canteen (NHSC) guidelines and/or the Healthy Kids Association guidelines. You will also be required to manage a team of volunteers. The position is open to school parents and other members of the broader community.

Key responsibilities of the role include, but are not limited to:
- Management and coordination of volunteers.
- Menu management adhering to the red-amber-green guidelines
- Menu pricing
- Preparation and delivery of lunch orders in timely fashion
- Managing orders via FlexiSchools
- Managing stock
- Handling cash

A full description of the position is available from the school office or by requesting a copy via email nlps.canteen@gmail.com

To succeed in this exciting role, you will need a passion for food and customer service and the ability to:
- manage and motivate a team of committed volunteers and seek new volunteers
- work with limited supervision
- communicate to various stakeholders
- manage the daily lunch orders
- comply with all necessary regulations including food standards and OH&S
- manage stock levels

If you are interested in the position, then please send your application to the school via email nlps.canteen@gmail.com. Your typed application should be limited to 2 pages. Applications must be submitted by the end of February 2015.

Your application should include your resume and address how your experience and skills cover the following areas:
- Canteen experience (as a manager or volunteer) or other relevant catering experience, training or qualifications
- Interpersonal, teamwork and communications
- Organisation/management
- Technology
- Compliance with regulations.

If required, a short-list of applicants will be interviewed by a selection panel including a school representative, a P&C representative and a school parent.

Successful applicant(s) will be subject to a Working with Children Check.
Week 5 Term 1 2015

Dear Parents and Carers,

Ethics classes begin this week with our two volunteer teachers Maggie Lattin and Ali Russell.

Classes will be offered for the following stages:

Stage 1 will have two Yr1/2 classes.
Stage 2 will have a Yr 3/4 class and
Stage 3 will have a Yr 5/6 class.

The new coordinator for the ethics program at NLPS is Tanya Leishman.

If you would like to talk to us about training as an ethics teacher please call Tanya. There may be opportunities in the future for more classes at NLPS and for relief teaching.

Thank you

Tanya Leishman 0425226247 tangsims@bigpond.net.au

Ethics is a branch of Philosophy that examines ethical concepts and issues. Our curriculum comprises age-appropriate lessons on a wide range of topics that primary-aged children find interesting. To look at the curriculum go to:


Narrabean Sports High School
Open Night Wednesday March 4th 2015

Our 2015 Open Night will be held on Wednesday 4th March from 6:00pm until 8:30pm. At Narrabeen, we look at your child’s future like you do and know the importance of a well rounded education. We invite you to experience the vibrancy and essence of our school community.

Open Night Highlights:
- View our Faculty teaching and learning displays
- Experience guided tours of the school’s facilities
- Hear from Year 7 2015 - ‘A Reflection on the Early Days’
- Meet our School Leaders and Prefects
- Watch Music and Drama performances
- Participate in Academy Sports Program
- Receive enrolment information
- Enjoy light refreshments provided by our senior hospitality students

Narrabean Sports High School 10 Namona St Narrabeen 9913 7820
For further information about our Open Day or enrolments, please contact the school office on 9913 7820 or visit our website www.narrabeen-h.schools.nsw.edu.au
Opportunity Excellence Community                  Page 12

Year 7 Academic Placement Test 2016 Intake

Placement in the Year 7 Academic classes at NBSC Balgowlah Boys, NBSC Cromer Campus and at Mackellar Girls Campus’ is based on supporting evidence of eligibility including the results achieved in the NBSC Academic Placement Test.

Application Forms

Application forms can be downloaded from The Northern Beaches Secondary College website as well as the campus’ websites.

Closing Dates for Applications for 2016 Intake

- NBSC Balgowlah Boys Campus - 3rd March 2015 by 4 pm.
- NBSC Cromer Campus - 3rd March 2015 by 4 pm.
- NBSC Mackellar Girls Campus - 27th February 2015 by 4 pm.

Students will sit the test at the Campus they wish to attend in 2016.

Test Date

Thursday 19th March 2015 at 9 am

Contacts

NBSC Balgowlah Boys Campus: Lorna Curtis 9939 6942
NBSC Cromer Campus: Lorna Curtis 9939 6942
NBSC Mackellar Girls Campus: Wendy Mailey 9949 2083

STEWART HOUSE
CLOTHING APPEAL

Please support the Stewart House Clothing Appeal by donating good, clean, wearable clothing, shoes, manchester and blankets.

Please ensure your bag is returned to the school by Friday 27 February ready for collection.

SORRY—We are unable to take donations after this date!
Peninsula Community of Schools
Year 7 2016
Extension Class Test

All enquiries for the Year 7 2016 Extension Class test should be directed to Alison Waddy

Narrabean Sports High School
Enquiries: 99137820

A package with all of the details will be available in Primary Schools for Year 5 (2014) / Year 6 (2015) students interested in sitting for the Extension Class Test from Monday the 3rd of November

Test date: Tuesday the 10th of March 2015 (Zone Swimming Carnival date)

Back up date: Wednesday the 18th of March

An Award Winning Partnership